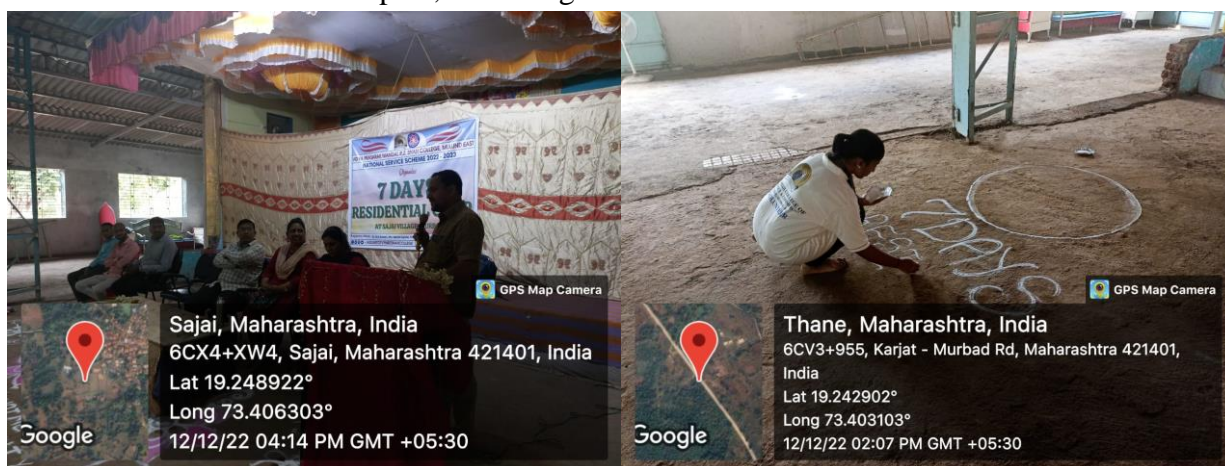


## **NSS RESIDENTIAL CAMP REPORT 2022-23**

The NSS Unit of VPM's R. Z. SHAH COLLEGE OF ARTS, SCIENCE AND COMMERCE had organized SPECIAL RESIDENTIAL CAMP OF 7 DAYS at **Sajai**, NERAL from 12th December, 2022 to 18th December, 2022. The main objective of this camp was to inculcate the spirit of Voluntary work among the students and to empower the community of Sajai Village. The volunteers were divided into 7 groups. The Volunteers of the NSS performed many activities, awareness programmes as literacy, food and nutrition, health and hygiene, child care, communal harmony, Save girl child.

### **INAUGURATION CEREMONY OF NSS CAMP**

The NSS Unit of VPM's R. Z. SHAH COLLEGE OF ARTS, SCIENCE AND COMMERCE formally inaugurated NSS Special Camp on 12th December, 2022. Program was co-ordinated by our NSS Programme officers Dr. Mangesh Sawant sir, Prof. Seema Ughade ma'am and Prof. Jagdish Rajane sir. Volunteers played many games for the co-ordination performed events like we learned how to work in unity, how to maintain discipline, how to co-ordinate, how we should build team spirit, etc with great enthusiasm.



DAY: 02 (13 December, 2022)

The day started with exercise, yogas and warm ups relaxed our body and made us energetic. After exercise we had our breakfast and then we left for our work . We had done a great team work. Co-ordinating with each other, and also learned what unity is. After coming in our residential camp site. We had our lunch and then we had a session on Unity which was delivered by Prof. Sharmik Kharat Sir. The Main Motive of guest lecture was to inform the colony especially the youth about unity . The session was great . Then after our session we had our dinner then we shifted to our rooms for sleep.



DAY: 03 (14 December, 2022)

The day started with yogas and exercises, as they energize us to start with our day. After that we had our breakfast including tea, we started walking towards various villages and exhibited many plays which were containing lot of messages In it. As our visited our camp, we got motivated a lot by their support.

After doing field visit we had our lunch and then we assembled for a session on How to conduct street plays. This session was taken by mr.Desale Sir. The session was so interesting, we enjoyed a lot. Everybody was interested in the session that the session elaborated for longer time. After our session, our day ended with delicious dinner .





DAY : 04(15 December, 2022)

The day started with exercises and yoga which energizes us and prepare us to work hard for field work. After exercise we had our breakfast and then we left to field visit at village. As soon as we completed our field visit we arrived at a certain place where we were supposed to construct road. As we completed our field work we came back to our residential area got fresh, had lunch and then we again assembled for a session on sarpamitra. This session was taken by Prashant Shankar Sir. The session was so interesting, we enjoyed a lot many volunteers had clear their towards snake.

Everybody was interested in the session. After our session, our day ended with dinner.



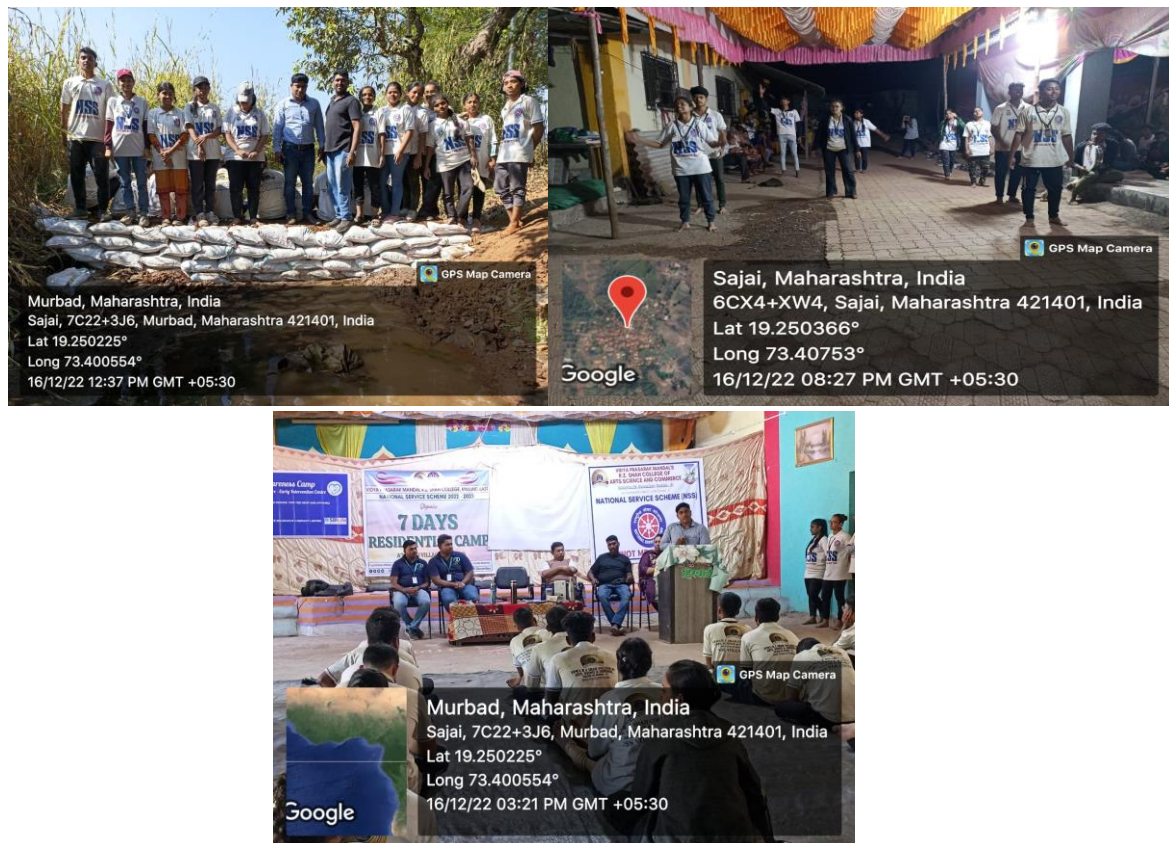
DAY: 05 (16 December, 2022)

The day started with yogas and exercise, as they energize us to start our day with freshness. After that we had our breakfast and then we did our respective activities which were assigned to our group. After that we left to visit villages for regular tasks like constructing dams . After finishing our activities we came back to our residential site.

We had Our lunch and then we again assembled to visit village for exhibiting our street plays to widespread messages for awareness.

We came back then had a session on Medical Checkup. Where we learned about many things, This session taken by Vishal Mahakar sir. After the session we came back to our location for having dinner and then we completed our assigned act and then we went to our rooms.





DAY: 06 (17 December, 2022)

The day started with exercises and yoga which energizes us and prepare us to work hard for field work. After exercise we had our breakfast and then we left to visit villages to perform our street plays which contains lots of messages and which creates awareness in society regarding various issues. As soon as we completed our street plays we arrived at camp site . And we completed our field work we came back to our residential area got fresh, had lunch and then we again assembled for a session on superstition. The session was taken by mr. Rajendra Koli sir . We learnt a lot about society's behaviour towards happening also we learnt how to react towards superstitions. We came to know about real facts, which we used to believe. The session when ended, everybody got emotional as we learnt reality. The day then ended with delicious dinner.



DAY: 07 (18th December, 2022)

Our day started with exercise and yoga stay energetic and which boosts our energy level to work for longer hours. We had our breakfast than we completed our assigned group works. Then we went to village for spending some time with school kids . We played a lot with them . Then we came back to the camp site . Then volunteer started making bukey for our guest. When our guest came we sung many songs ,we also played games . Childers also enjoyed a lot with us .Then sarpanch distributed certificates to all volunteers. Sarpanch and desale sir and his family appreciated our volunteers that we had great work in 7 days .Then we came back, we had our lunch and then we assembled together to share our views on camp and to give report on 7 days camp. After that we took some rest and then we again gathered with our luggage to leave for our homes.



\* \* \* \* \*